



## Where there's a volcano, there's hot springs

火山の恵み 癒やしの温泉

Volcanic Mt. Aso shapes the culture of the region and provides innumerable benefits to the locals. Aso's hot springs, heated by the energy of the Earth, are a natural way to care for the skin, relax the mind, and rejuvenate the body. Famous people, both past and present, have come to visit the springs of Aso. There are so many hot springs in the area that it's best to visit a couple to get the full Aso experience.

活火山・阿蘇は、地域の文化を育み、無類の恩恵をもたらしている。地球のエネルギーで温められた温泉は、肌を潤し、心身の疲れを癒やして、活力を生む。やわらかな湯触りのいで湯を求めて、夏目漱石や与謝野鉄幹・晶子夫妻などの文豪も訪れている。町湯巡りもいいものだ。

Uchinomaki Onsen (map-05)  
内牧温泉